

ALPHAPULSE FITNESS

Press & Media Fact Sheet

Train Smarter. Live Stronger.

ABOUT

AlphaPulse Fitness is an all-in-one fitness platform helping busy professionals build healthier lives through efficient workouts, nutrition guidance, progress tracking and a supportive community. Whether you have 15 minutes or an hour, AlphaPulse delivers structured training that fits real life.

COMPANY FACTS

COMPANY	AlphaPulse Fitness, LLC
INDUSTRY	Health & Fitness Technology
HEADQUARTERS	Summerville, South Carolina
PLATFORM	iOS & Android
BUSINESS MODEL	Subscription
WEBSITE	alphapulsefit.com
SUPPORT	customersupport@alphapulsefit.com

CORE FEATURES

Personalized Workouts - Home & gym programs, strength plans and 15-minute express sessions.

Nutrition - Meal planning, recipe inspiration, macro and calorie tracking.

Progress Tracking - Workout history, body measurements and performance charts.

Community - Challenges, accountability and shared routines.

FOUNDER

David Homer, Founder & CEO

David Homer is the Founder and CEO of AlphaPulse Fitness, a health and fitness technology company focused on helping people build healthier lives through practical, sustainable solutions. Based in Summerville, South Carolina, he leads product strategy, innovation and the long-term vision for the company.

MEDIA CONTACT

customersupport@alphapulsefit.com | (843) 291-2556 | www.alphapulsefit.com